



Sample Itinerary, 5-day Coastal Science Program

Day 1

- 11:00am - Students arrive at the campsite and are divided into study groups.
- 1:00pm - ORIENTATION HIKES - boundaries, expectations, cooperative games, campfire planning.
- 4:00pm - All class meetings for GROUP SHARING of the day's experiences. Review camp life and expectations. Sleeping gear is set out. Followed by free time & dinner preparation.
- 6:30pm - Dinner served, followed by cleanup and free time.
- 7:45pm - CAMPFIRE-songs, skits and stories led by FIELDGUIDES' staff and students.
- 8:45pm - Campfire ends, prepare for bed. All quiet by 10 pm.

Day 2

- 7:00am - Everyone up :)
- 8:00 am - Breakfast and cleanup.
- 9:30am - LEADER'S CHOICE - Usually a hike through one or more natural communities: pygmy forest, redwoods, stream side, coastal strand, marsh, beach or tide pools.
- 2:30pm - TREASURE HUNT - All class map making game.
- 4:00pm - GROUP SHARING, followed by free time.
- 6:30pm - Dinner and cleanup
- 8:00pm - NIGHT HIKES in study groups

Day 3

- 7:00 am - Everyone up :)
- 8:00am - Breakfast and cleanup
- 9:30am - Entire class to tidepools for a "LADDER TRANSECT"; students work in pairs to document all life in a 2'x 2' square.
- 10:45am - LEADER'S CHOICE (see above) with lunch on the trail.
- 4:00pm - GROUP SHARING, followed by free time.
- 6:30pm - Dinner - followed by free time.
- 8:15pm - Study groups meet for STARGAZING.

Day 4

- 7:00am - Everyone up :) Breakfast and cleanup complete by 9 a.m..
- 9:30am - LAND MANAGEMENT GAME - The class is divided into special interest groups to plan and debate land use proposals for local property.
- 11:45am - Lunch in camp.
- 12:30pm - Large scale mural is drawn by students to recreate the ladder transect.
- 1:30pm - SCAVENGER HUNT for items learned about during the week.
- 3:00pm - SAND SCULPTURE CONTEST. Followed by barbecue on the beach.
- 7:45pm - CAMPFIRE.

Day 5

- 7:00am - Everyone up - pack gear.
- 8:30am - Breakfast & all camp clean up
- 10:00am - Study groups meet for final activities, and say goodbye!
- 11:00am - 12pm Bus arrives and students depart.