

Parent Contact Guidelines

Phone contact with parents/guardians is established in an emergency. Since the program has no way of determining what each person considers an emergency, our general practice is to contact parents when there is concern about a person's health and/or when their participation is significantly impacted.

Medical Situations under which contact is made by phone from Fieldguides:

- Missing medication information/questions about medications
- Participant needs to go to more advanced medical care for any reason
- Participant is no longer physically able to participate in Fieldguides activities
- If a choice in caregiver might be expected
- If follow-up at home is needed
- Anytime a significant intervention has to occur - i.e. an epipen is used, prescription medications are needed
- Fever of >100 degrees for more than 24 hours
- Participant is evacuated from a backpacking trip

Medical Situations under which contact with parents/guardians is NOT made:

- Minor cuts, abrasions, bruises
- Minor burns
- Minor sprains
- Minor strains
- Bug bites
- Sunburn
- Athlete's foot
- Dry skin
- Bloody noses
- Rashes
- Headaches
- Blisters
- Constipation
- Diarrhea
- Cramps
- Splinters
- Stomach aches

Non-medical Phone Contact is made:

- Participant is lost for more than 2 hours
- Participant must be taken home for breaking the rules
- Non-medical evacuations (forest fire, natural disaster, etc)
- Participant tries to run away
- Participant is involved in a conflict with other another participant which leads them to feel unsafe at Fieldguides

Contact is made by note/e-mail at the end of the session:

- Persistent but manageable homesickness that does not impact the health and safety of the participant
- Participant is involved in a conflict with other participants which cannot be properly resolved at Fieldguides and may need follow up at home

Contact is NOT made:

- Mild homesickness – does not have major impact on the participant's participation in the program
- Participant is temporarily separated from the group on a hike
- Participant is involved in a conflict with other participants that may or may not be resolved to their liking, but does not endanger anyone's health or safety

COVID-19 Contact Guidelines:

- Contact will be made with all parents for any suspected COVID-19 cases
 - In the case of a positive test result all parents will be contacted, informed of the situation, and told when and where to retrieve their child
 - Please see Fieldguides' COVID-19 Operational Plan for recommended care following any positive test result

Fieldguides contact phone number is: (650)969-6325

Fieldguides email contact is: info@fieldguides.org

Mail can be sent to:

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