

MLK Weekend Trip Details

When and Where: January 15th – 18th

Arrivals: 2pm at the [Laguna Trailhead](#), Point Reyes National Seashore

Departures: 4pm at the [Palomarin Trailhead](#), Point Reyes National Seashore

Transportation: Participants are to arrange for their own transportation. If transportation is difficult to secure please contact us about transportation options.

Itinerary:

Day 1

Laguna Trailhead to Coast Camp ~2 miles

-Introductions, group building, expectations, and goals.

Day 2

Coast Camp to Olema Ranch Campground ~6miles

-Hike through changing environs from sparse coastal bluffs to lush coastal forests, special evening BBQ dinner at Olema Ranch Campground.

Day 3

Olema Ranch Campground to Wildcat Camp ~8.5 miles

-Scenic coastal hike day with beach access points and a focus on routes and navigation.

Day 4

Wildcat Camp to Palomarin Trailhead ~5.5 miles

-Morning day hike to Alamere falls as well as group collaboration, team building, and reflection.

Trip Programmatic and Location Highlights:

Connecting with peers in the outdoors

Learning and practicing social, emotional, and leadership skills

Introduction to backcountry navigation

Olema Ranch Campground – Access to BBQ pits and Fieldguides full kitchen for a dinner feast.

Wildcat Camp – Backcountry campsite on the beach dunes, with direct beach access.

Alamere Falls – Rare waterfall ‘tidefall’ that falls directly onto the beach

What’s provided:

-All food for the trip starting with dinner on the first night and ending with lunch on the last day. (Menu includes two trail snacks per day and can accommodate most dietary needs)

-All group gear, including; cooking equipment, water purification, tents/tarps, first aid kit, and emergency communicate on device.

What you’ll need:

-Please see our [Equipment List](#). We have a small amount of individual gear available to use free of charge so let us know what you need.



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COVID-19 Precautions:

- 14 day at home COVID-19 health screening before trip.
- COVID-19 test with negative results within one week of program, if available.
- Social distancing practices maintained during the hike.
- Ongoing daily COVID screenings.
- Appropriate hand-washing and/or hand sanitizing will be taught including proper drying
- No sharing of items.
- Extra masks and PPE are carried by staff members.

Emergency Situations:

- All staff are Wilderness First Aid trained or higher with Adult and Child CPR.
- Each hike carries a Garmin Satellite device for emergency communication.
- We keep a driver with a subsequent Garmin Satellite device on site to respond to group needs.

National Seashore rules, regulations, and closures:

- All trips are dependent upon the continually evolving National Park Service rules and regulations regarding COVID-19 and Woodward Fire area closures. Fieldguides will keep participants up to date with any changes to the designated programs.

