

EQUIPMENT LIST

Pack the items in the rectangle below separately, so they can be ready to go with you on your first hike:

- Day pack
- Durable 1-liter water bottle filled with drinking water, make sure it won't leak in your pack!
- Rain gear (If there is any chance of rain in the forecast)
- Bandana in a Ziploc bag – for use as a blindfold in games
- Notebook and pencil

Do Bring:

- Warm sleeping bag
- Ground sheet
- A backpacking sized sleeping pad
- Warm jacket
- Rain gear
- 2 pairs of long pants
- 2 pairs of sturdy shoes (Do not bring open toed shoes or sandals. Boots & tennis shoes or two pairs of tennis shoes are recommended.)
- A change of socks and underwear for each day
- A T-shirt or lightweight shirt for each day
- A sweater
- Long sleeved shirt
- Wool hat
- Sun hat
- Shorts
- Towel
- Toiletries (soap, toothbrush, toothpaste, etc.)
- Flashlight

Check the weather forecast! If any rainy weather is forecast for any of the days you will be attending the program bring the following additional items:

- Additional rain gear, please note that most winter coats and ski jackets are not rain proof and will soak through.
- Waterproof boots
- 2 additional pairs of socks
- An extra warm jacket
- Woolen mittens
- An extra pair of long pants
- Rain/snow pants
- 2 large garbage bags - 30 gal. size or larger. If rain is predicted pack everything, except your daypack items, in tightly sealed and labeled garbage bags.
 - Come prepared for cold and wet weather!

Optional items:

Insect Repellent, camera, extra batteries, pillow, book, binoculars, clean change of clothing for the ride home.

Don't Bring:

Pets, knives, iPods/mp3 players, electronic games, expensive cameras, jewelry, liquid filled light sticks, laser pointers, large amounts of cash, valuables, etc..

*Please pack all items in soft duffle bags instead of hard suitcases for easier storage in cars and tents.